



WHAT IS PREVENTATIVE MEDICINE?

Preventative medicine is the practice of promoting health care in a way that prevents disease and disability, to improve patient well-being.

EXAMPLES OF PREVENTATIVE MEDICINE:

- PAP Smears
- Colorectal Cancer Screening
- Lung Cancer Screening
- Bone Density Screening
- Immunization Recommendations
- HIV & Hep C Screening

WHEN DID YOU LAST SEE A DOCTOR?

The Carter Clinic is now offering preventative medicine referrals & basic primary care services for our regular patients who are not currently established with a primary care provider.

SERVICES OFFERED:

- Routine Physicals
- Routine Lab Work*
- Patient Education
- Medication Management**
- Referrals for recommended imaging and screenings
- Referrals to specialists
 - Neurology
 - Pulmonology
 - Cardiology
 - Endocrinology



WHAT ARE SOME COMMON CHRONIC CONDITIONS?

Some of the most common chronic diseases that are managed with medication and may require a referral are:

- High Blood Pressure
- High Cholesterol
- Diabetes
- Obesity
- Thyroid Issues

**Blood draws are not done in the office
**For stable chronic diseases, not requiring further referral to specialist*